



Simple Settings; Simple Life

SMARTPHONE & TABLET/IPAD
SETTINGS TO MAKE MOBILE
MANAGEMENT AND ACCESS
EASIER -

“PART 3 of 3”

Device Frustrations (And There Are Many)

Telephone Interruptions (do I know these people or not) ?

Is there a way to handle these (even just a little bit)

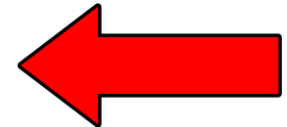


Text Messages (who are these people) ?

Oh come on, I just dealt with 10 this morning.



Email Messages (hmmmm kind of a repeat of above) ::sad:: ::sad::



Where are my apps again (I thought I filed them – sort of)

What are these other apps for ?

Come on, do I really need them ? How can I get rid of them ?

I Run on iOS – What Can I Do ?

I Run on Android – What Can I Do ?

I have a difficult time reading my screen and seeing things on it.

Let's Try To Address These Devices Equally (where possible)



Released V17 09/23
Current 17.3

iPhone	XR	V17	'18
	SE	V16 & 17	'16/'20/'22
	7	V15.8	'16
	10	V15 & 17	
	11	V17	'19
	12/12Pro	V17	'20
	13	V17	'21
	14+/Pro	V17	'22
	15	V17	'23

When is your smart phone getting too old?



android

Released V14 10/23
Current 14.3.1

Samsung	Galaxy S20	V12	'19
	Galaxy A13	V13	'22
Motorola	MOTO G 5G	V14	'23
Google	Pixel 6	V14	
LG	Rebel LM212VL	V8	Disc '21
TCL	30LE	V12	22
TracPh	Rebel LML212VL	V8	'18

More than "2" FULL versions of OS...
iOS = 17 then < 15. Android = 14 then < 12.

Using 3rd Party Apps



There are MANY 3rd Party Apps you can install to manage unwanted phone calls, text messages and emails.

For this exercise we are trying to use the built-in features of your devices, and then later we can look at what is not being handled.

Managing All Those eMail Messages (this is a start)



android

Rules of Thumb

Never Reply to a spam email (same as with a text message). Once they know you're real – they won't leave you alone. If the email is definitely from a reputable company, then ok to unsubscribe.

Don't Click On Any email links (unless you are 100% sure of the sender).

Don't Disclose Any Personal Information via email (period – remember email can be intercepted)

Visit An Organization's Website Directly (ie: email from Wells Fargo? Google Search  [wellsfargo.com](https://www.wellsfargo.com)
<https://www.wellsfargo.com>)

Report The Scammer (iPhone: "Report Junk", Android : Touch & Hold The Text, "Block > Report Spam")

File A Complaint (The FTC "reportfraud.ftc.gov")

Report a SSA scam ("www.ssa.gov/scam")

Managing Those Unwanted eMails (this is a start)



iOS email app has few email management settings when you are using Apple's default "Mail" app.

Settings  > Mail  > Blocked Sender Options > set to: "Move To Bin"

**iOS can be helped with an email/spam blocker. Free ones are available.
We will look further down.**

Managing Those Unwanted eMails (this is a start)



With Android, you likely have Gmail as your email app

Gmail has it's own spam detection. It is limited, but is very good.

Gmail can be customized to give you excellent email management – but you have to configure it.

**Android can be helped with an email/spam blocker.
Free ones are available. We will look further down.**

Managing Those Unwanted eMails



android



“YOU” are going to have to put in the work.

Businesses employ people to do this and spend money on software that they configure to keep unwanted email to a minimum.

How Do eMail Providers Check For Spam



You should consider moving your email to a popular provider to reduce your spam email.

Google (Gmail):

Gmail tries to keep spam out of your inbox, but sometimes messages get through. If you see a spam message in your inbox:

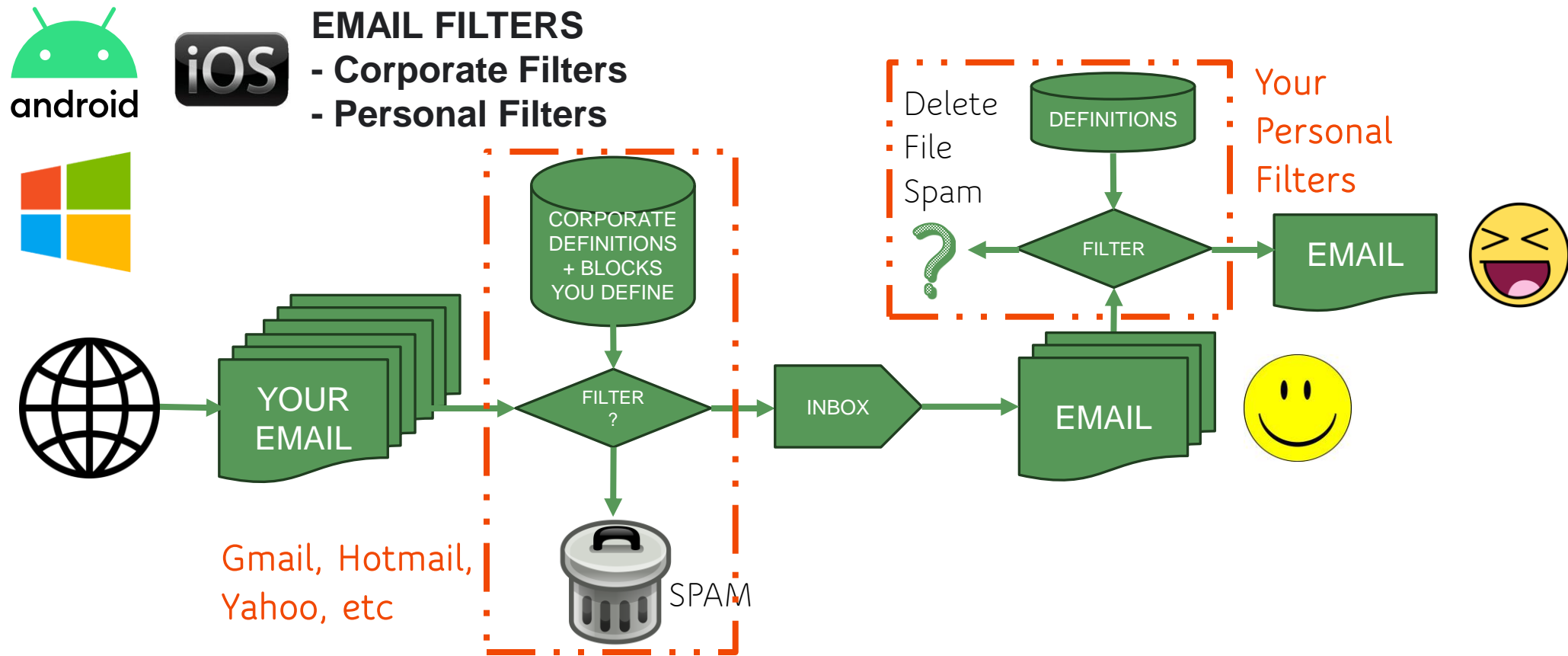
1. On your smart device, open Gmail .
2. Tap the sender's profile image next to the message, or open the message.
3. In the top right, tap **More** ... > **Report Spam**.

Tip: When you tap **Report spam** or manually move an email into your Spam folder, Google will receive a copy of the email and may analyze it to help protect our users from spam and abuse.

In Gmail:

- **Click to open the eMail.**
- **Click on the 3 dots at the top of the screen**
- **Select “Unsubscribe”**
- **Select “Report Spam”**

How Do eMail Providers Check For Spam



How Do eMail Providers Check For Spam

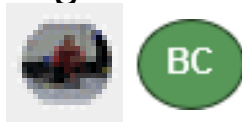


What have you already reported

Google (Gmail):

Open your Google Email App (smart device) or your

Open your Google Account by clicking on your account initials “BC”)



Select “Manage Your Google Account”.

Under Your Account Is Protected, select “See Details”.

Select “Gmail Settings”. “Blocked email addresses”



Blocked email addresses

These email addresses are blocked. Messages from these addresses go to the Spam folder. [Learn more](#)

noreply@zbla.fullgiven.com

jikos@midr.likeiary.com

services@zema.yesjungle.com

email_fyl8jq3zycg@1bgla.lesstank.net

info_fyl8jq8qgre@fdkjacxgjmo.lairpro.com

email_fyl8jq87q1u@wf50x.lesstank.net

danielcossb@gmail.com

accounts@nettab.beigital.com

faoyudn_2021@tfiwh.win.net

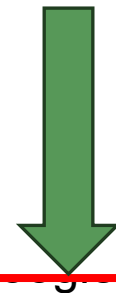
andreas.lindenthal@ohrs.mojostand.com

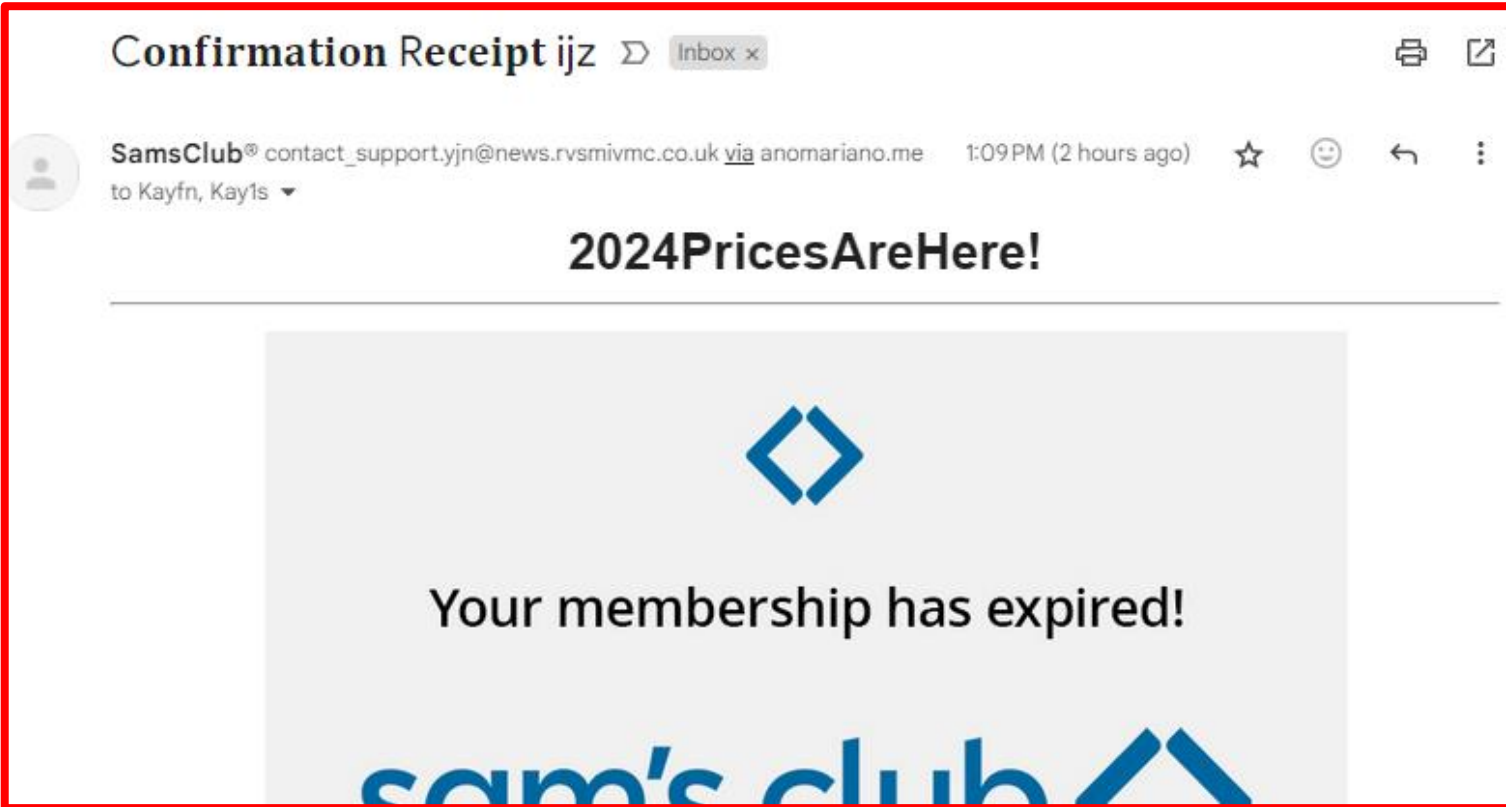
advisor@frasca.phototweets.net

account@ohsaki.moinsider.net

email_fyl8jq64unx@gspwj.valuablerow.com

accounts@hal.systemslocker.com





Check For Spam

Filters (but be careful)

WEB Interface for Gmail, but once
allow you to define a condition and

You receive spam from somebody called **contact_support.yjn@news.rvsmivmc.co.uk**. You don't want to receive ANY email from "**@news.rvsmivmc.co.uk**" or even from "**.co.uk**". You would create a FILTER inside Gmail that would identify an email from "***.co.uk**" and DELETE it. This is a VERY POWERFUL tool.

Voltaire: With Great Power comes Great Responsibility. So use it wisely

When you use an asterisk *, you are telling a computer system "ALL". So *.co.uk means EVERYTHING that ends in .co.uk should be included.

Confirmation Receipt ijz Inbox x

SamsClub® contact_support.yjn@news.rvsmivmc.co.uk via anomariano.me 1:09 PM (2 hours ago) ☆ 😊 ↶

From contact_support.yjn@news.rvsmivmc.co.uk

From *.co.uk

Subject

Has the words

Doesn't have

Size greater than MB

Has attachment Don't include chats

Create filter

Search

Check For Spam

Filters (but be careful)

Open your Gmail Web and select a spam email.

Click on the 3 dots (More) and select "Filter messages like this".

Modify the "FROM" email by removing everything before the "@" or the ".co.uk" and replace with an asterisk "*". Then Click "Create Filter" to tell it what to do.

So now what you have created is a definition that Google Mail will search for each time a new mail arrives. .

← When a message is an exact match for your search criteria:

- Skip the Inbox (Archive it)
- Mark as read
- Star it
- Apply the label: [Choose label...](#) ▾
- Forward it [Add forwarding address](#)
- Delete it
- Never send it to Spam
- Always mark it as important
- Never mark it as important
- Categorize as: [Choose category...](#) ▾
- Also apply filter to 1 matching conversation.

[? Learn more](#)

Create filter

Check For Spam

“Delete It” Filters (but be careful)

We will tell Google Mail to DELETE any email from “*.co.uk”. So Click the “Delete It” check box.

Next we will click on “Create Filter” to create this instruction.

You will see a confirmation that your filter was created.

Your filter was created. [Learn more](#) ✕

How Do eMail Providers Check For Spam



Google (Gmail): Confirming Your eMail Filters (using WEB Interface)

The image shows a sequence of three screenshots from the Gmail web interface, illustrating the steps to access and confirm email filters. The first screenshot shows the main Gmail inbox with a green arrow pointing to the settings gear icon in the top right corner. The second screenshot shows the 'Settings' page with a green box around the 'Filters and Blocked Addresses' tab, and a green arrow pointing to the 'See all settings' button in the 'Quick settings' section. The third screenshot shows a specific filter rule with a green box around the 'Matches: from:(*.co.uk)' and 'Do this: Delete it' text, and a green arrow pointing to the filter rule from the previous screenshot.

How Do eMail Providers Check For Spam



Google (Gmail): Confirming Your eMail Filters (using WEB Interface)

Remember using email Filtering is a powerful tool. Be very careful how you use it. You don't want to accidentally start deleting ALL incoming email.

DON'T USE IT FOR:

- *.gmail.com
- *.hotmail.com or *.outlook.com
- *.ymail.com or *.yahoo.com
- *.aim.com or *.aol.com

INSTEAD, CONSIDER IT FOR:

- *.wellsfargo.gmail.com
- *.homedepot.hotmail.com or *.homedepot.outlook.com
- *.life.ymail.com or *.life.yahoo.com
- *.acehdwr.aim.com or *.acehdwr.aol.com

How Do eMail Providers Check For Spam



You should consider moving your email to a popular provider to reduce your spam email.

Yahoo mail and AOL (aim) email are now owned by the same organization. Not much is happening for “Advanced” spam management. Good Basic spam.

AOL: Go to <https://mail.aol.com/> and login. Click on Settings on the right sidebar. Click on More Settings at the bottom. On the left side, scroll down and select Filters.

YAHOO: To create a filter in Yahoo Mail, open a web browser and sign in to your Yahoo Mail account. Select Settings. Choose More settings. On the Yahoo Settings page, select the Filters tab.

HOTMAIL: By default, the Junk Email Filter protection level is set to No Automatic Filtering. You can make the filter more aggressive so that it catches more junk messages. The higher you set the protection level, the greater the risk of some legitimate messages being identified as junk and moved to the Junk E-mail folder

3rd Party Apps (Manage Subscriptions)

These 3rd Party Apps seem to manage subscriptions: I did not get a lot of benefit from trying them. They help to clear out new findings and give you options to say keep > delete > unsubscribe. I preferred to create my own filters.



Clean Email

<https://clean.email>



Unroll.Me

<https://unroll.me>

